

ECDHD Teen Pregnancy Fact Sheet

Teen pregnancy was identified as an issue in the community both in the *Forces of Change Assessment* and in the *five focus groups* conducted in 2011. Participants in all focus groups perceived that there are more teen pregnancies occurring, less family support for pregnant young women and that this issue needed to be addressed through education. The *Forces of Change Assessment* identified the increase in teen pregnancy and a breakdown in the traditional family unit as factors influencing the health and quality of life in the community. The district has high rates of teen births which exceed the state average due to the high rates in Colfax and Platte.

Table 2.35	Teen Births as Percent of Total Births (2005-2009) ¹⁰		
	Total Live Births	Number of Teen Births	Teen Births as % of Total Live Births
Boone	298	20	6.7%
Colfax	1,046	140	13.4%
Nance	206	6	2.9%
Platte	2,427	247	10.2%
East Central	3,977	413	10.4%
Nebraska Total	133,723	11,165	8.4%

Teen Sexual Activity

Compared to 2001, youth were more sexually active in 2010. From 2001 to 2010, notably more 10th, 11th, and 12th graders reported sexual activity. Youth in the East Central District in 2010 were also more sexually active than youth in the State of Nebraska as a whole. Compared to the state, there were similar rates of sexual activity among 11th and 12th graders, but 9th and 10th graders in the East Central District were more sexually active than the state average.

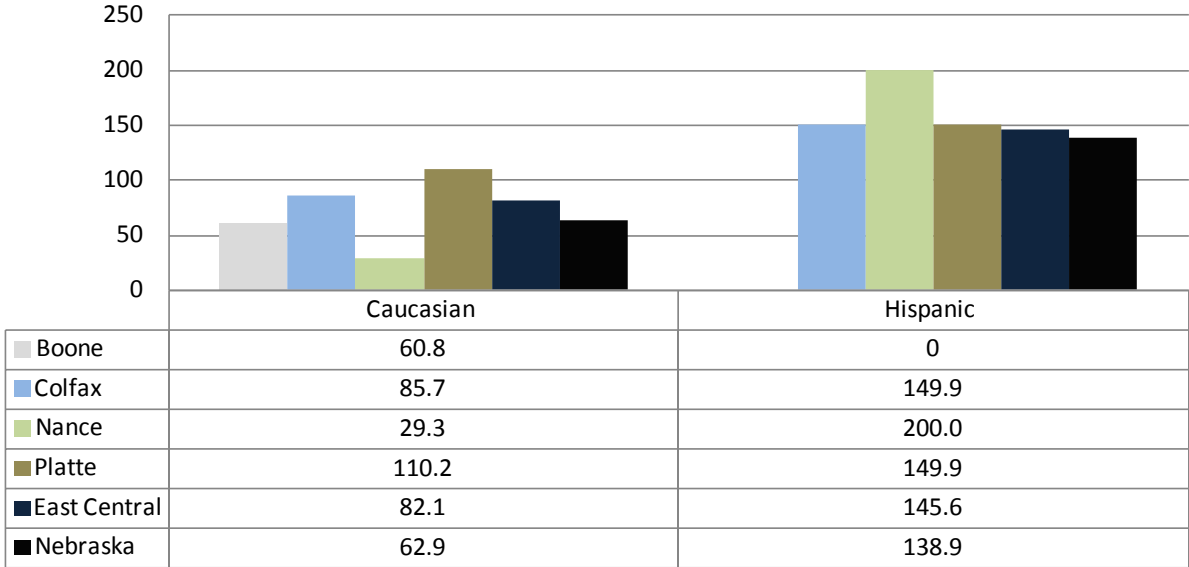
Table 2.36	Percent of Teens Sexually Active 2001 and 2010 Comparisons ^{18,19}				
	9th Grade	10th Grade	11th Grade	12th Grade	Overall
East Central District 2001	20.0%	19.7%	35.2%	43.2%	29.8%
East Central District 2010	19.7%	38.2%	49.8%	51.9%	38.0%
Nebraska 2010	17.2%	31.9%	47.7%	51.4%	34.9%

Table 2.37	Percent of Sexually Active Teens That Have Had Sexual Intercourse with More Than One Person in Their Life, 2001 and 2010 Comparisons ^{18,19}				
	9th Grade	10th Grade	11th Grade	12th Grade	Overall
East Central District 2001	37.8%	46.7%	47.2%	39.6%	43.0%
East Central District 2010	60.5%	46.5%	58.5%	66.2%	58.8%
Nebraska 2010	53.8%	51.4%	62.9%	64.5%	59.8%

The Hispanic population has rates of teen births for the 13-15 year old population that are close to five times higher than the Caucasian population. For the East Central District as a whole, the rate of teen births for the 13-15 year old population is comparable to that of the state.

Hispanic births to mothers ages 16-19 are nearly double those for Caucasian mothers for the East Central District. The rate of teen births for the 16-19 population is higher in the East Central District compared to Nebraska.

Figure 2.29: Births to Mothers Ages 16-19 per 1,000 Population by Caucasian and Hispanic 2005-2009¹⁰



Evidence Based Teen Pregnancy Prevention Interventions

The *Teen Outreach Program™* (TOP™) is a national youth development program designed to prevent adolescent problem behaviors by helping adolescents develop a positive self-image, effective life management skills, and achievable goals. The program is directed toward reducing rates of teenage pregnancy, school failure, and school suspension.

The President’s Teen Pregnancy Prevention Initiative: Component 1 prevention program implementation: Providing teens with evidence-based and evidence-informed, medically accurate and age-appropriate teen pregnancy prevention programs. These include youth development and curriculum-based programs that reduce risk factors associated with teen pregnancy. Component 2 Ensuring linkages between teen pregnancy prevention programs and community-based clinical services. Component 3 Stakeholder Education: Educating stakeholders (community leaders, parents and other constituents) about relevant evidence-based and evidence-informed strategies to reduce teen pregnancy and data on needs and resources in target communities and social media such as buttons, badges, image sharing, Facebook, and e-cards.