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## FOR IMMEDIATE RELEASE

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[Columbus, NE] – East Central District Health Department (ECDHD) has confirmed a 2<sup>nd</sup> COVID-19-related death within its jurisdiction, the first death in Platte County. The deceased was a man in his late 30's. It is unknown at this time if there were underlying health conditions that contributed to his death.

The first death related to COVID-19 was reported May 6. The deceased was a man in his 60's, with underlying health conditions, from Colfax County.

Confirmed cases of COVID-19 are continuing to increase in the ECDHD jurisdiction. Despite the relaxation of certain Directed Health Measures, ECDHD encourages all residents of its four counties (Boone, Colfax, Nance and Platte), to continue to follow social distancing guidelines, including:

- Wearing a mask in public.
- Frequent hand washing, using soap and water for at least 20 seconds.
- Using a hand sanitizer that is at least 60% alcohol when soap and water are not available.
- Covering coughs and sneezes with a tissue or the crook of your arm.
- Maintaining at least 6 ft. of distance between you and others.

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