

2022-2023 SCHOOL YEAR

# Recommendations to Limit COVID-19's Impact on Schools

Local Health Departments (LHDs) want Nebraska schools to stay open and students to be in school. We recognize and value the unique nature of schools' role in the economic and mental wellbeing of children and adults.

LHDs remain committed to working with our schools to keep students, faculty, and staff safe from COVID-19.

For the foreseeable future, LHDs will continue to monitor COVID-19 case rates, vaccination rates, and wastewater surveillance data. Local recommendations will be based on these metrics, current science, and the guidance in current local or state directed health measures (DHMs), when in effect.

The Basics:

## Schools Can Avoid COVID-19 Outbreaks



- Actively encourage **students and staff to stay up-to-date** on COVID-19 vaccines and boosters.
- Encourage and enable **frequent hand washing and sanitizing** by staff and students.
- Optimize **ventilation** and maintain improvements to indoor air quality.
- Continue to follow **enhanced cleaning and disinfecting protocols**.
- Ask students and staff to **screen daily for COVID-19 symptoms**.
- Require **students or staff who are sick to stay home**.

The Basics:

## Individuals Can Help Their Schools Avoid COVID-19 Outbreaks



- **Stay up-to-date on** COVID-19 vaccines and boosters.
- **Wear a mask**, consistent with CDC guidance.
- **Stay home when sick**.
- Anyone who tests positive for COVID-19 should isolate.
- If you have been exposed to someone who has COVID-19, **follow the recommendations of your local health department**.

