# BE READY



## Tips for Families of Children and Youth with Disabilities and Medical Needs





#### **PRACTICE WITH FAMILY**

- Practice how to contact each other during an emergency.
- Practice how to evacuate your home.
- Practice opening and re-stocking your emergency kit with fresh medication and essential supplies.



#### **PRACTICE WITH SCHOOLS**

- Include emergency instructions as part of your child's Individual Education Plan (IEP).
- Know where and how the school will help your child in an emergency.
- Send your child to school with an In-Case-of-Emergency Card and Medical Alert Bracelet.

### PRACTICE WITH COMMUNITY

- Contact your local fire department or EMS agency to have them get to know your child.
- Sign up for community warning and emergency text or mobile phone alerts.
- Contact power and water companies for early alerts and priority return to service.
- Register with disaster notification registries for persons with disabilities when available.
- Talk to other families with disabilities and share disaster readiness ideas.







**SIGN UP NOW** 

### MAINTAIN UP TO DATE "PAPER" COPIES OF YOUR CHILD'S PLAN OF CARE



#### For More Information Scan QR code or visit:





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