COVID-19 EXPOSED **NOT UP-TO-DATE ON YOUR VACCINE & BOOSTER**

You are **NOT** up-to-date if you are **not vaccinated**, **not fully-vaccinated**, or if you are **not boosted** and you completed both doses of the Moderna or Pfizer vaccine <u>more</u> than 6 months ago or you completed the single dose of the J&J vaccine *more* than 2 months ago.

		WHAT	TO DO: STAY HOME FOR 5 DAYS
 WATCH FOR SYMPTOMS FOR SYMPTOMS OF COVID-19 Fever or chills Cough Shortness of breath or trouble breathing Tiredness Muscle or body aches Headache New loss of taste or smell Sore throat Congestion or runny nose Nausea or vomiting Diarrhea 	<section-header><section-header><section-header><text></text></section-header></section-header></section-header>	Day 0 Day 1 Day 2 Day 3	If you have been within 6 feet of someone with COVID-19 for a total of 15 minutes or more on any day that they may have been infectious, stay home for 5 days, monitor and mask for at least 10 days, and test if possible. If you cannot stay home for 5 days, mask around others for 10 days.
		Day 4 Day 5 Day 6	Get tested, if possible. If test is positive: Start isolation guidance*. Stay home, wear a mask, and tell your close contacts.
	If you start to have COVID-19 symptoms Get a test and	Day 7 Day 8 Day 9	If test is negative: Resume normal activities and continue to wear a mask around others.
4	stay home. *see "Isolation Guidance"	Day 10	Last day of masking around others. Isolation guidance and more resources at: www.netracing.org

