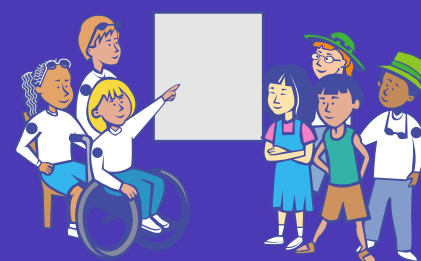


BE READY

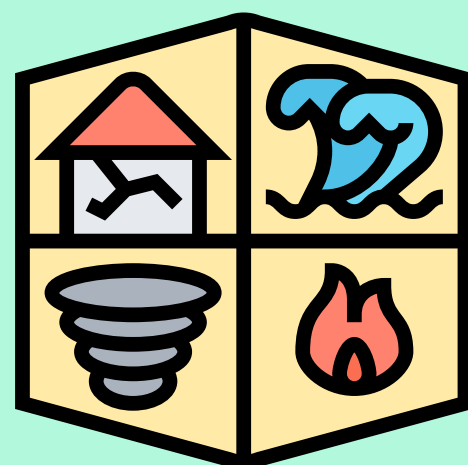


Tips for Families of Children and Youth with Disabilities and Medical Needs

WHEN DISASTER STRIKES

KNOW HOW TO RESPOND

- Stay calm & check on the family.
- Meet at a designated place.
- Check surroundings for hazards.
- Take pets to a safe place.



STAY INFORMED

- Listen to news and community alerts.
- Follow emergency instructions.
- Evacuate the area early if advised to do so.
- Call 911 if you need help evacuating or have another life-threatening emergency.



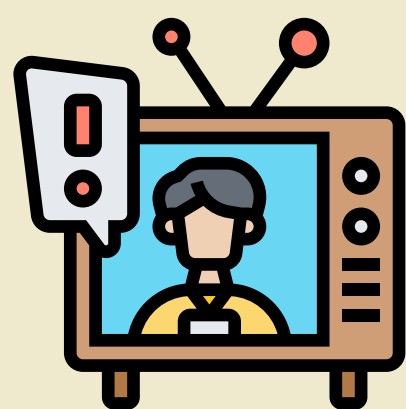
STAY SAFE

- Pay attention to weather reports.
- Move out of harm's way if not safe.
- Shut off damaged utilities (power, gas)
- Avoid downed power lines.
- Never drive or wade through flooded areas.



HELP YOUR CHILD STAY CALM

- Talk on a level your child can understand.
- Give children the information they need.
- Provide a comfort item.
- Keep routines and a regular schedule.
- Avoid constant exposure to the news which creates emotional distress



HAVING A PLAN AND KNOWING WHAT TO DO HELPS YOU AND YOUR CHILD REMAIN CALM

**For More Information
Scan QR code or visit:**

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