

About Us

ECDHD is proud to have earned accreditation through PHAB, the Public Health Accreditation Board. Our programs and services are designed to meet the varied needs of the diverse residents of our four-county service area. In creating and implementing these programs, ECDHD follows the CDC's 10 Essential Public Health Services. Developed in 1994, and revised in 2020, the 10 Essential Public Health Services describe the public health activities that all communities should undertake.

ECDHD is governed by a Board of Directors that meets monthly, generally at our Columbus offices.



East Central District Health Department was formed in 1999 as the Platte-Colfax County District Health Department and at that time only served Platte and Colfax counties. Over the years, ECDHD has added two more counties, Boone and Nance, to its' service area, and has expanded and adapted programs to meet the needs of county residents and stakeholders.

OUR LOCATIONS

- Columbus (Main Office)
4321 41st Ave.
(402) 562-7500
(402) 563-0544 (Fax)
- Schuyler (Days vary)
316 East 11th St.
(402) 562-7500
(402) 563-0544 (Fax)
- Albion (Days vary)
2583 S. Highway 14
Suite 3
(402) 562-7500
(402) 563-0544 (Fax)



WE ARE PUBLIC HEALTH

Serving the people of
Boone, Colfax, Nance and
Platte counties.

Our Programs

Building Healthy Families

A partnership with the Columbus YMCA, and the University of Nebraska-Kearney, Building Healthy Families is a fun, evidence-based program that will inspire your family to take action towards life-long healthy eating, and physical activity behaviors.

Communities Against Substance Misuse

A community-based coalition working to reduce substance abuse in our communities.

Community Health Improvement Planning

This is a coalition of county residents, and key stakeholders who work together to identify and address current and emerging community health issues and trends in each ECDHD county.

Early Development Network

EDN provides early intervention services to families with children ages birth to three years who have developmental delays, or healthcare needs.

Environmental Health

ECDHD offers Radon testing kits, as well as information about how to deal with lead or mold in your home or business. Our team also works with the Federal WIIN program to test the lead levels in water at area preschools, schools, and daycares.

Family Connections

This is a free, family-based childhood weight management program that ECDHD is offering in partnership with University of Nebraska Medical Center. The program is for families with a child, ages 6-12 years old, that has a high Body Mass Index. Offered in both Spanish and English.

Immunizations and Vaccinations

ECDHD has two immunization programs: *Vaccines for Children*, which covers all recommended vaccines for children, ages birth to 18 years who are uninsured, under-insured, or have Medicaid. *Vaccines for Adults* covers vaccines for adults ages 18 years and older, who are un- or underinsured. Both programs ask for donations to cover costs, but no one will be refused services if they are unable to pay.

ECDHD also provides travel vaccines for insured patients of all ages.

10 Essential Public Health Services

1. Assess and monitor population health status, factors that influence health, and community needs and assets
2. Investigate, diagnose, and address health problems and hazards affecting the population
3. Communicate effectively to inform and educate people about health, factors that influence it, and how to improve it
4. Strengthen, support, and mobilize communities and partnerships to improve health
5. Create, champion, and implement policies, plans, and laws that impact health
6. Utilize legal and regulatory actions designed to improve and protect the public's health
7. Assure an effective system that enables equitable access to the individual services and care needed to be healthy
8. Build and support a diverse and skilled public health workforce
9. Improve and innovate public health functions through ongoing evaluation, research, and continuous quality improvement
10. Build and maintain a strong organizational infrastructure for public health



Are For Everyone

Minority Health

The Minority Health program aims to provide health education and assistance in finding resources for the minority populations in Platte and Colfax counties. The main focus of health education is in the areas of diabetes, obesity, and mental health improvement. Bilingual staff conduct free health classes and can answer community questions.

Substance Abuse Prevention

This program focuses on opioid use in the health district, with special emphasis on opioid education and overdose prevention.

Public Health Emergency Preparedness (PHEP)

The PHEP program enhances the ability of ECDHD and its four counties to prevent, prepare for, respond to, and recover from the adverse health effects of public health emergencies and disasters.

Public Health Surveillance and Infectious Disease

Public health case surveillance investigates, diagnoses, and addresses public health problems, infectious diseases, and hazards affecting communities.

West Nile Virus

The WNV program is funded with a State grant. During the summer months, ECDHD Program Coordinators trap mosquitos to send to the mosquito lab in Lincoln to be tested for the West Nile Virus. Information from those tests is used to inform the public about the number of cases in our counties.

Women, Infants, and Children (WIC)

WIC, as it is commonly known, provides access to community resources, nutrition education, and nutritious foods to supplement diets for low-income women, infants, and children up to the age of five who are at a nutrition risk. Breastfeeding support is also available.

