

FOR IMMEDIATE RELEASE

CONTACT:

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Women, Infants, and Children Program (WIC)

[Columbus, NE] Women, Infants and Children program, more commonly known as WIC, is the United States' most successful and cost-effective public health nutrition program. WIC provides nutritional food, breastfeeding support, nutrition education, and referrals to community agencies/resources to income-eligible women who are pregnant or postpartum, as well as to infants and children up to age five. All income-eligible caregivers with guardianship are welcome to apply, including dads, grandparents, foster parents, etc.

To receive WIC assistance, applicants must:

- Live in Nebraska.
- Be pregnant, postpartum or breastfeeding and/or have an infant or child under the age of five.
- Have an infant or child under the age of five years.
- Meet income eligibility requirements. Applicants receiving SNAP, Medicaid or ADC, and/or are in the foster care system automatically qualify.

WIC offices are located around the state. The East Central District Health Department (ECDHD) WIC offers services at three offices within their four-county jurisdiction:

- 4321 41st Ave., Columbus, NE 68601, (402) 564-9931
Wednesdays 9:00 a.m. - 6:00 p.m. (Closed for lunch 1:00 p.m. - 2:00 p.m.) Thursdays and Fridays 8:30 a.m. - 5:00 p.m. (Closed for lunch 12:00 - 1:00 p.m.)
- 316 East 11th St., Schuyler, NE, 68661, (402) 564-9931
Mondays and Tuesdays, 9:00 a.m. - 4:00 p.m. (Closed for lunch 12:00 p.m. - 1:00 p.m.)
- St. Edward Christian Community Church, 501 Beaver St., St. Edward, NE 68660, (402) 564-9931 1st Thursday of each month 9:00 a.m. - 3:30 p.m. (Closed for lunch 12:00 p.m. - 1:00 p.m.)
 - Dates for St. Edward Clinic occasionally change due to staff availability –Call WIC office for current dates

WIC hours are by appointment only.

How to Apply

To apply for WIC, applicants must call (402) 564-9931 to make an appointment. and then come to the scheduled appointment with proof of identity, residency and income. Once the WIC Clerk verifies

participant documents, the applicant will meet with an ECDHD WIC nutritionist.

Examples of Proofs Required at Certifications and Recertifications

- Proof of Identity Examples:
 - Birth Certificate
 - Valid Photo ID (driver's license, passport, school ID)
 - Social Security card
 - WIC Enrollment Card
- Proof of Residency Examples:
 - Mail that has been postmarked within the last 30 days
 - Lease agreement
 - Current utility bill showing the service address
- Proof of Income Examples:
 - Medicaid Card
 - SNAP/EBT Card
 - Notice of Action
 - Paystubs from the last 30 days for EVERYONE living in the home

Nebraska WIC Income Guidelines (Updated 6/1/26)

These income guidelines are 185% of the Office of Management and Budget's income guidelines (same as for reduced price school meals), in accordance with Sec. 17 of the Child Nutrition Act of 1996 and Federal Regulation 246.7(d). Current income guidelines are located on the East Central District Health Department's WIC information page at <https://ecdhd.ne.gov/our-programs/women-infants-and-children-wic/enrolling-in-wic.html>

FAMILY SIZE	ANNUAL INCOME	MONTHLY INCOME	TWICE MONTHLY INCOME	BI-WEEKLY INCOME	WEEKLY INCOME
1	\$29,526	\$2,461	\$1,231	\$1,136	\$568
2	\$40,034	\$3,337	\$1,669	\$1,540	\$770
3	\$50,542	\$4,212	\$2,106	\$1,944	\$972
4	\$61,050	\$5,088	\$2,544	\$2,349	\$1,175

Please find more information about ECDHD's WIC program at <https://ecdhd.ne.gov/our-programs/women-infants-and-children-wic/> or by visiting Facebook at <https://www.facebook.com/eastcentralWIC/> or Instagram at WIC_ecdhd.



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Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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