

**COVID Green: Low Risk of COVID-19 Spread**

- Minimal cases of COVID-19 within the community.
- COVID-19 has minimal impact on local healthcare system
- Viral testing is readily available
- There are effective treatment modalities for COVID-19
- PPE is easily obtainable through standard supply chains

General Public	Outside the Home – Work, Social, In Public	At Home
Physical Distancing	<ul style="list-style-type: none"><li>• No distancing, resumption of normal work and community life</li><li>• Resume normal travel with considerations of COVID activity in destinations</li></ul>	<ul style="list-style-type: none"><li>• No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li><li>• Self-isolation of symptomatic persons</li></ul>
Face Covering	<ul style="list-style-type: none"><li>• Face coverings suggested when unable to distance</li><li>• Face coverings for symptomatic people</li></ul>	<ul style="list-style-type: none"><li>• No face coverings for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li><li>• Face coverings for symptomatic people</li></ul>
Hand Washing	<ul style="list-style-type: none"><li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li><li>• Use hand sanitizer when handwashing is inaccessible or infeasible</li></ul>	<ul style="list-style-type: none"><li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/ touching face, or before eating</li></ul>
Illness Monitoring	<ul style="list-style-type: none"><li>• If ill with Flu-like or COVID-like symptoms, <b>Stay at Home</b></li><li>• Minimize contact with symptomatic people</li></ul>	<ul style="list-style-type: none"><li>• Be aware of COVID-like symptoms</li><li>• Contact medical care provider if you have COVID-like symptoms</li></ul>
Disinfecting	<ul style="list-style-type: none"><li>• Increased awareness of germ transmission through high contact surfaces</li><li>• Incorporation of COVID-19 disinfection practices for high touch surfaces</li><li>• Avoid bare hand contact with any high touch surface</li><li>• Use barrier such as paper towel or clothing when bare hand contact is unavoidable</li><li>• Wash hands or apply sanitizer after touching high contact surfaces</li><li>• Normal disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li></ul>	<ul style="list-style-type: none"><li>• Increased awareness of germ transmission through high contact surfaces</li><li>• Normal disinfection practices, with consideration for high contact surfaces (door/other handles, light switches, bathrooms)</li></ul>
At-Risk or Vulnerable Population	<b>For those over age 65, people with underlying health conditions, and other populations at heightened risk from COVID-19</b> <ul style="list-style-type: none"><li>• You do not have to stay home at all times, but should continue physical distancing when possible in public settings.</li><li>• Cautious expansion of interactions with others, reengage in small social settings, outdoor activities preferred</li><li>• Avoid large group settings and events with many people</li></ul>	

**COVID Yellow: Moderate Risk of COVID-19 Spread**

- There is a downward trajectory in numbers of COVID positive cases OR percent positive cases due to community or regional spread
- There is a downward trajectory in levels of Flu-Like Symptoms OR COVID like syndromic cases in East Central Health District County or regionally
- There is limited community spread within East Central Health District or regionally
- COVID has a small impact on the local healthcare system capacity
- PPE supplies are adequate for critical workers and community needs
- Rapid COVID testing is available for all suspected cases and focused asymptomatic surveillance.
- ECDHD is able to conduct investigation and contact tracing for new cases and associated contacts without assistance
- Critical medical equipment is readily available

General Public	Outside the Home – Work, Social, In Public	At Home
Physical Distancing	<ul style="list-style-type: none"><li>• Consider staying at home most of the time, with caution for non-essential travel and work</li><li>• Distance at least 6 feet from anyone outside the home</li><li>• Work from home if possible</li><li>• Individual outdoor activities such as walking, biking, etc. are acceptable</li><li>• Cautious expansion of interactions with others, outdoor activities preferred</li><li>• Gatherings only with modifications for COVID-19</li><li>• Events only as guided by ECDHD</li></ul>	<ul style="list-style-type: none"><li>• No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li><li>• Self-isolation of symptomatic persons</li><li>• Outdoor activities with distancing are acceptable.</li></ul>
Face Covering	<ul style="list-style-type: none"><li>• Face coverings strongly recommended for anyone over 2 years old</li></ul>	<ul style="list-style-type: none"><li>• No face coverings for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li><li>• Face coverings for symptomatic people</li></ul>
Hand Washing	<ul style="list-style-type: none"><li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li><li>• Use hand sanitizer when handwashing is inaccessible or infeasible</li></ul>	<ul style="list-style-type: none"><li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/ touching face, or before eating</li></ul>
Illness Monitoring	<ul style="list-style-type: none"><li>• If ill with Flu-like or COVID-like symptoms, <b>Stay at Home</b></li><li>• Minimize contact with symptomatic people</li><li>• Daily temperature checks at work</li></ul>	<ul style="list-style-type: none"><li>• Monitor for COVID-like symptoms</li></ul>
Disinfecting	<ul style="list-style-type: none"><li>• Avoid bare hand contact with any high touch surface</li><li>• Use barrier such as paper towel or clothing when bare hand contact is unavoidable</li><li>• Wash hands or apply sanitizer after touching high contact surfaces</li><li>• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li></ul>	<ul style="list-style-type: none"><li>• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li></ul>
At-Risk or Vulnerable Population	<b>For those over age 65, people with underlying health conditions, and other populations at heightened risk from COVID-19</b> <ul style="list-style-type: none"><li>• Stay home</li><li>• Rely on help for needs outside the home (groceries, medications, etc.)</li><li>• Distance from those working outside of the home</li></ul>	

**COVID ORANGE: Elevated COVID-19 Spread Risk**

- There are increasing or high stable numbers of COVID positive cases OR percent positive cases due to community or regional spread
- There is an increase in Flu-Like Symptoms OR COVID like syndromic cases in the East Central Health District or regionally
- Clusters or outbreaks exist that are still likely in their early stages
- There is only enough testing available for symptomatic people
- ECDHD must rely on assistance to conduct investigation for new cases and associated and contact tracing OR ECDHD must assist adjacent jurisdictions to conduct investigation and contact tracing
- PPE supplies are only adequate for critical workers
- Critical medical equipment is in limited supply

General Public	Outside the Home – Work, Social, In Public	At Home
Physical Distancing	<ul style="list-style-type: none"><li>• <b>Stay at home</b> unless traveling for work, medical care, or food</li><li>• Distance at least 6 feet from anyone outside the home</li><li>• Work from home if possible</li><li>• Individual outdoor activities such as walking, biking, etc. are acceptable</li><li>• Smallest number of contacts feasible</li><li>• No large gatherings or events, no more than 10 people</li></ul>	<ul style="list-style-type: none"><li>• No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li><li>• Self-isolation of symptomatic persons</li><li>• Outdoor activities with members of your household are acceptable</li></ul>
Face Covering	<ul style="list-style-type: none"><li>• Face coverings strongly recommended for anyone over 2 years old</li></ul>	<ul style="list-style-type: none"><li>• No face coverings for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li><li>• Face coverings for symptomatic people</li></ul>
Hand Washing	<ul style="list-style-type: none"><li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li><li>• Use hand sanitizer when handwashing is inaccessible or infeasible</li></ul>	<ul style="list-style-type: none"><li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/ touching face, or before eating</li></ul>
Illness Monitoring	<ul style="list-style-type: none"><li>• If sick with Flu-like or COVID-like symptoms, <b>Stay at Home</b></li><li>• Minimize contact with symptomatic people</li><li>• Daily temperature checks at work</li></ul>	<ul style="list-style-type: none"><li>• Daily temperature checks</li><li>• Monitor for COVID-like symptoms</li><li>• Contact healthcare provider if sick</li><li>• Monitor the health of anyone in your home with COVID-like symptoms</li></ul>
Disinfecting	<ul style="list-style-type: none"><li>• Avoid bare hand contact with any high touch surface</li><li>• Use barrier such as paper towel or clothing when bare hand contact is unavoidable</li><li>• Wash hands or apply sanitizer after touching high contact surfaces</li><li>• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li></ul>	<ul style="list-style-type: none"><li>• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li></ul>
At-Risk or Vulnerable Population	For those over age 65, people with underlying health conditions, and other populations at heightened risk from COVID-19 <ul style="list-style-type: none"><li>• Stay home</li><li>• Rely on help for needs outside the home (groceries, medications, etc.)</li><li>• Distance from those working outside of the home</li></ul>	



**COVID RED: Severe COVID-19 Pandemic Outbreak**

- Widespread community or regional transmission of COVID
- There is a significant increase in COVID positive cases OR percent positive cases which may potentially overwhelm the local healthcare system
- There is a significant increase in Flu-Like Symptoms and COVID-like syndromic cases which may potentially overwhelm the local healthcare system
- Hospitals are utilizing Surge Capacity
- There is an inadequate testing capacity for critical workers
- There is inadequate capacity to conduct investigation and contact tracing
- There are shortages of critical medical equipment or testing supplies
- There are PPE shortages impacting critical workers

General Public	Outside the Home – Work, Social, in Public	At Home
Physical Distancing	<ul style="list-style-type: none"><li>• <b>Stay at home</b> unless essential personnel traveling for work, or general public acquiring medical care or food</li><li>• Distance at least 6 feet from anyone outside the home</li><li>• Work from home</li><li>• No contact with others</li></ul>	<ul style="list-style-type: none"><li>• No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li><li>• Self-isolation of symptomatic persons</li></ul>
Face Covering	<ul style="list-style-type: none"><li>• Face coverings when outside of the home and near others</li></ul>	<ul style="list-style-type: none"><li>• No face coverings for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li><li>• Face coverings for symptomatic people</li></ul>
Hand Washing	<ul style="list-style-type: none"><li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li><li>• Use hand sanitizer when handwashing is inaccessible or infeasible</li></ul>	<ul style="list-style-type: none"><li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li></ul>
Illness Monitoring	<ul style="list-style-type: none"><li>• If ill with Flu-like or COVID-like symptoms, <b>Stay at Home</b> even for essential personnel</li><li>• Minimize contact with symptomatic people</li><li>• Daily temperature checks at work</li></ul>	<ul style="list-style-type: none"><li>• Daily temperature check</li><li>• Continuously monitor for COVID-19 symptoms</li><li>• Self-isolation of symptomatic persons</li><li>• Contact healthcare provider if sick</li><li>• Monitor the health of anyone in your home with COVID-like symptoms</li></ul>
Disinfecting	<ul style="list-style-type: none"><li>• Avoid bare hand contact with any high touch surface</li><li>• Use barrier such as paper towel or clothing when bare hand contact is unavoidable</li><li>• Wash hands or apply sanitizer after touching high contact surfaces</li><li>• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li></ul>	<ul style="list-style-type: none"><li>• Avoid bare hand contact with any high touch surface</li><li>• Use barrier such as paper towel or clothing when bare hand contact is unavoidable</li><li>• Wash hands or apply sanitizer after touching high contact surfaces</li><li>• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li></ul>
At-Risk or Vulnerable Population	<b>For those over age 65, people with underlying health conditions, and other populations at heightened risk from COVID-19</b> <ul style="list-style-type: none"><li>• Stay home</li><li>• Rely on help for needs outside the home (groceries, medications, etc.)</li><li>• Distance from those working outside of the home</li></ul>	